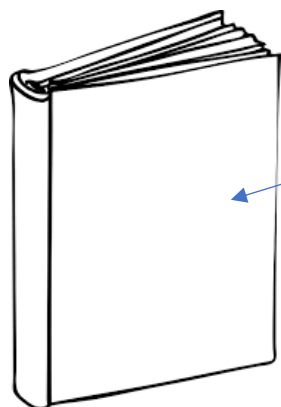


Annexure 1 – Recipe Book Guideline

Note this is for reference purposes to ensure all the points are covered, students are free to design the book as per their creativity.



Write Group Number

Name of Recipe

Write the name of

Group Members



Pages containing

- 1) List of Ingredients of Recipe & Nutrients Table
- 2) What other food items should you eat to consume a balanced diet with this dish?
- 3) List festivals or occasions when this dish is made.
- 4) List ways to spread awareness to others about recipe's nutritional benefits to help them make informed food-based decisions.
- 5) Recipe by each group member how this dish is made in their household. (Individual to be part of Group Presentation)